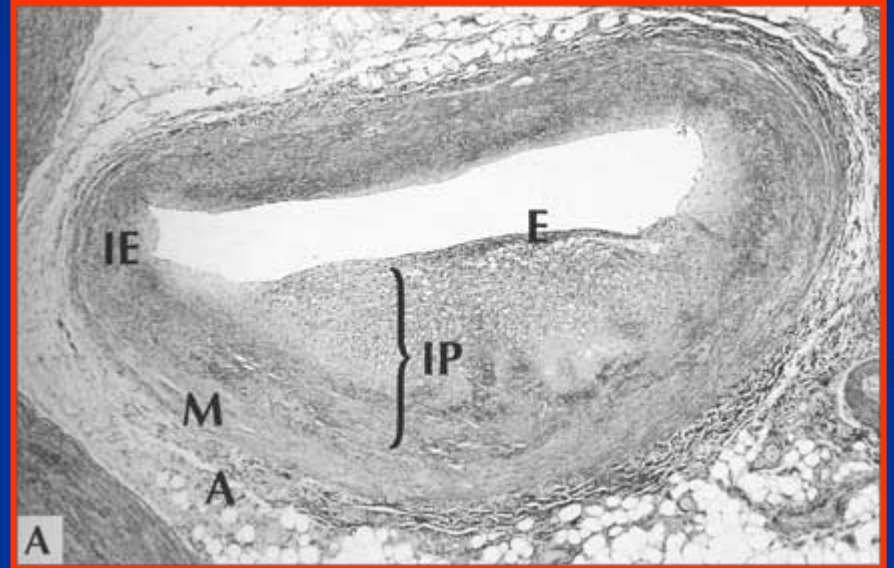
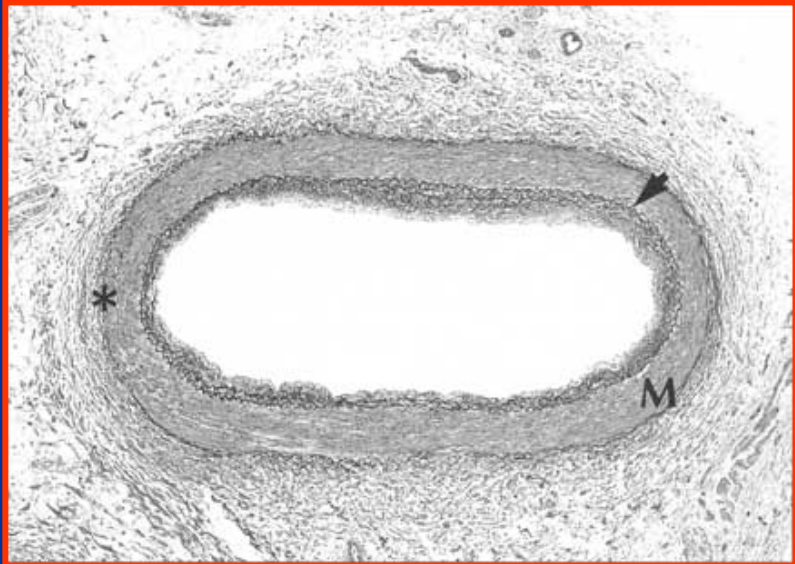


# What Ails Males

## Prevention of Heart Disease

By John R. Ribic, D.O.



## MAJOR CARDIOVASCULAR RISK FACTORS

### MODIFIABLE

Lipids and lipoproteins

Cholesterol\*

Triglycerides\*

LDL\*

HDL\*

Remnant lipoproteins\*

Postprandial lipoproteins\*

Lp(a)

Blood pressure\*

Diabetes mellitus\*

Cigarette smoking

Central obesity/insulin resistance\*

Homocysteine\*

### FIXED

Age

Gender

Family history

# Future Directions